

Hest Bank Boarding Kennels & Cattery Dog Training and Canine Hydrotherapy

Dear

Thank you for your interest in Hest Bank Kennels Canine Hydrotherapy dog swimming pool. Whether swimming for rehabilitation, fitness therapy or just for fun, you can be assured that your pet will receive our best care and attention at all times.

Your first session will involve assessment and introduction to the equipment. Most dogs will find this a little strange to start off. Even seasoned swimmers need to learn how to swim effectively in a strange environment. For this reason we ask owners to **stay with their pet during the session**. Unfortunately you will not be able to go in the pool with your dog. We advise you to wear clean waterproof flat shoes (ideally brought as a change with you so they can be worn in the pool room) with a non-slip sole, as the floor does get slippery when wet, and to bring a lightweight waterproof jacket. The room itself is approximately 30C (86F) it is worth while having some light clothes on.

We aim to keep our pool as hygienic as possible. Please help us by grooming loose hair and dirt from your pet's coat prior to the session, and by following the directions listed in the Terms and Conditions carefully. **Please do not** apply any creams, lotions, flea control products or shampoos to the dog's coat for at least 24 hours prior to your appointment, if you do bath your dog at any time, please thoroughly rinse all traces of shampoo from the coat.

Your swimming program will be tailored specifically for your pet's needs, taking carefully into consideration any illness or injury. Please remember that swimming is a very intense form of exercise, do not expect too much from your dog in early sessions. Many dogs will only manage one to two minutes in the pool before a rest period at the first appointment. Some dogs may take even longer to introduce to the water.

After hydrotherapy we advise that dogs are dried and kept as warm as possible to maintain the beneficial effect of the warm water. Please remember to **bring** a clean **towel** and if you have a towelling dog coat these can be worn after drying. Please also note that fees must be paid at the time of treatment - we accept all major credit and debit cards.

Pool opening times

Monday	9.00am – 1.00pm
Tuesday	9.00am – 1.00pm
Wednesday	9.00am – 7.00pm
Friday	9.00am – 1.00pm
Saturday	9.00am – 5.00pm



We hope you enjoy your visit,
Ian Robinson (Pool Manager)
Margaret Pennington (Veterinary Nurse)

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TERMS AND COINDITIONS - IMPORTANT INFORMATION PLEASE READ CAREFULLY

- Whilst every care is taken to ensure the safety of dogs undergoing treatment, all dogs that receive hydrotherapy do so entirely at their owner's risk.
- Owners are also advised to take all necessary precautions when walking in slippery pool areas.
- All dogs using the unit for rehabilitation swimming for a specific injury/condition or for recreational/fitness will be required to bring the enclosed vet registration form signed by their veterinary surgeon that they are fit to swim and where necessary details of any injury/condition.
- All Vaccinations should be up to date and owners will be required to have the details filled in on the vet registration form.
- All dogs must be kept under control on a lead whilst on the premises and surrounding area.
- All parents must see that their children behave accordingly during the session and heed any instructions given by staff members.
- Owners are asked not to feed their dogs for at least two hours prior to sessions and to ensure that their pet has had an opportunity to pass faeces prior to swimming. If a dog defecates in the pool, a surcharge of £25.00 will be charged as subsequent sessions have to be cancelled. Please poop-scoop after your dog whilst on the premises.
- Hest Bank Kennels reserves the right to refuse treatment to any dog where considered inappropriate -please inform us if your bitch is in season or if your pet is unwell or is suffering from any of the following.
 - Infectious disease e.g. active skin, ear, respiratory infections.
 - Vomiting diarrhoea.
 - Faecal incontinence.
 - Severe general illness- advanced heart or respiratory problems.
 - Uncontrolled epilepsy or diabetes.
 - Extreme aggression, nervousness or similar behavioural problems.

continued

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- Please also inform us immediately if there is any change in your dog's condition following treatment or if you're Veterinary Surgeon recommends any alterations to their programme.

- A cancellation charge of £10.00 will be made for all appointments broken or cancelled without 24 hours notice.
- Concept of Hydrotherapy

Aquatic exercise programmes have been well documented to have beneficial effects in human patients. The support provided by the water allows low impact exercise while reducing the likelihood of injury to muscles, tendons and ligaments. Hydrotherapy involves the use of therapeutic exercise in warm water- a combination of Warmth and hydrostatic pressure reduces pain and swelling, promotes muscle relaxation and improves circulation and healing. Hydrotherapy may thus be used as an aid to rehabilitation of musculoskeletal function, allowing muscle strengthening and progression to land based exercise.

INDICATIONS OF HYDROTHERAPY

- **Fitness Training** - achieving and maintaining optimum fitness, especially in working dogs, agility dogs etc.
- **Arthritis Management** - hip and elbow displacia, osteoarthritis -low impact exercise helps maintain muscle condition, joint range or motion and stability.
Pre-Surgical Conditioning - Muscle conditioning prior to surgery.
- **Obesity Management**
- **Post Operative Rehabilitation** - especially fracture repair, TPO, TPLO, traditional surgical cruciate repair, patella luxation, hip replacement, excision arthroplasty. Exercise in water allows earlier active motion in the post operative period without compromising patient safety, thus accelerating return to function.
- **Neurological Rehabilitation** - relearning of normal gait and proprioception following degenerative conditions, fibrocartilaginous embolism, following decompressive/stabalizing spinal surgery.

CONTRADICTIONS FOR HYDROTHERAPY

- **Unstable fractures**
- **Severe joint laxity/instability**
- **Active spinal cord compression/instability** - (except where decompressive/stabilizing surgery has been carried out.
- **Debilitating systemic disease** - decompressed hepatic/renal/cardiac failure, advanced respiratory disease, severe obstructive airway disease, uncontrolled epilepsy or diabetes.
- **Active GI disease** - vomiting diarrhoea, faecal incontinence.
- **Infectious disease** - active skin, ear, respiratory tract and GI infection pyrexix illness.
- **Extreme aggression** - or similar behavioural problems.

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CLIENT REGISTRATION FORM

Part A General information		
Client Name		
Address		
Contact Number	Day time	
	Evening	
	Mobile	
Dogs Name		
Age		
Sex		
Breed		
Weight (if known)		
Current Vaccination details		
Any ongoing treatment		
Insurance details		

Part B Vets information	
Name of Veterinary surgeon	
Practice Name	
Address	
Tel & Fax numbers (inc dialling code)	

Part C Declaration	
I/We declare the above information to be correct and have read and accepted the enclosed term and conditions.	
Signature	Print name
Date	

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VET REGISTRATION FORM

For Recreational and fitness swim fill in parts A + B and D

For rehabilitation/ injury swim fill in all parts

Part A General information					
Client Name					
Address					
Contact Number					
Dogs Name					
Age		Sex		Breed	
Current Vaccination details					
Any ongoing treatment					
Insurance details					

Part B Vets information	
Name of Veterinary surgeon	
Practice Name	
Address	
Tel & Fax numbers (inc dialling code)	

Part C Rehabilitation injury information	
Summary of injury/condition	
Surgical procedure (if applicable)	
Date of surgery	
Further details or comments	

Part D Vets Permission	
Would you like to be contacted to discuss this case prior to hydrotherapy by Hest Bank Kennels?	Yes..... No.....
In my opinion the above animal is in a suitable state of health to undergo hydrotherapy	
Vets signature	Print name
Date	